

Gesellschaft: Schweizerische Gesellschaft für Kinder- und Jugendpsychiatrie- und Psychotherapie (SGKJPP)

Titel: **The Marte Meo Method helps to improve interactions and social-/emotional development**

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Text: Does the Marte Meo Method (MMM) improve parental skills in challenging situations such as premature-, handicapped-, emotionally-stressed children? First results of an evaluation after a three-week intervention "training with MMM" at the German parent-child rehabilitation Fachklinik Bromerhof are shown. The study focus is interaction improvement parent-child with a sample of approximately 50 and a control group of about 200 families. An international working group of doctors, nurses and therapists (Austria, Croatia, Germany, Nordic countries, Switzerland) use MMM in different medical fields to improve interaction-moments between professionals, patients and relatives and thus to enable social- and emotional child development. MMM is a video supported mikro-communicational method developed in the seventies in the Netherlands by Maria Aarts. German and Swiss professionals of this international medical group present with films the method and case studies of premature born, emotionally distressed and handicapped children/juveniles.

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